



## What to Bring to Camp

**Day Camp:** Off-ice clothes (no jeans, no cut off shorts), sneakers, on-ice under equipment clothes, drinks, snacks and a lunch.

**Boarding Camps (Merrimack & EHDP):** Your son/daughter will need to bring the following items for their stay at camp:

1. **BEDDING:** Blanket, sheets, pillow, or sleeping bag.
2. **BACKPACK/GYM BAG:** For extra rink or dryland clothing.
3. **SLEEPING ATTIRE:** Pajamas or sleepwear.
4. **CLOTHING:** Shorts (Gym Shorts or Running Shorts Only!) (5 or 6 pairs), T-shirts/jerseys (Cotton or something comfortable for training) (6 or 7).
5. **UNDERWEAR:** (Pants, shirts, socks 6 or 7 pairs of each).
6. **TOILETRIES:** (Soap, shampoo, toothbrush, toothpaste, deodorant).
7. **SWEATPANTS:** (2 or 3).
8. **SNEAKERS:** (Running Sneakers Only!).
9. **HOCKEY GEAR:** (Full hockey outfit, sticks).
10. **SPENDING MONEY:** (\$25.00 per week skate sharpening, money for snack bar and pro shop. We suggest each skater put at least \$65.00 into the bank).
11. **RADIOS:** Are permitted (no TV's).
12. **RAIN-GEAR/JACKET**